

School name

Date

Dear School Nurse -

My child, _____, has been diagnosed with a rare and potentially life-threatening genetic disease called Hereditary Angioedema (HAE).

About HAE

Hereditary Angioedema occurs in about 1 in 10,000 to 1 in 50,000 people. HAE symptoms include episodes of edema in all parts of the body, including the hands, feet, face and airway.

In addition, abdominal swelling can be accompanied by nausea and vomiting and excruciating pain. Airway swelling is particularly dangerous and can lead to death by suffocation.

Important: The slightest hint of swelling in the face, mouth, throat or larynx requires immediate medical treatment to ensure that that my child's airway is not compromised. See the steps outlined below.

HAE attacks often occur spontaneously and can be triggered by many things – including a cold or flu, stress or minor trauma. On occasion, _____ may recognize signs of HAE swelling and he/she may need to be excused from school.

_____ is currently under the care of Dr. _____. who can be reached during office hours at _____. You may also wish to read more detailed information about HAE at www.haea.org.

HAE is **not** allergic swelling, although it may share a similar appearance. HAE does not respond to antihistamines or corticosteroids.

My child is treated with _____ for his/her HAE attacks.

If _____ comes to your office feeling ill, please follow these steps:

1) call 911 immediately **IF** my child reports swelling in the throat, you note a change in his/her voice pitch or he/she exhibits any difficulty breathing

2) call me at _____ if my child reports **any** HAE swelling

I am happy to answer any questions and I am grateful for your partnership in providing the best care for my child while he/she is at school.

Signed _____

Relationship to Student _____