



HAEA in Action January Newsletter!



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HAPPY NEW YEAR!

2018 promises to be a year filled with possibilities and exciting opportunities for our HAEA community. As we kick-off the year, we ask that you take some time to imagine all that you and your family can do to make 2018 an especially memorable year. In case you haven't already decided on any resolutions, here are some ideas for the New Year.

1. **Stay positive** - No matter the situation, choose to stay positive. You'll notice even the most difficult of challenges will dissolve quicker with a positive attitude.
2. **Make your health a priority** - Talk to your healthcare professional, reach out to your HAEA Advocate, prepare an exercise schedule, and find different ways to stay healthy. Before you know it, your energy levels will increase.
3. **Take some time for yourself** - Remember to make yourself a priority. Schedule some time to do something that you really enjoy. Whether it's reading a great book, listening to music, or simply taking up a hobby, making time for yourself will help you feel relaxed and happy.



2018 HAEi Global Conference @ Vienna, Austria

HAE Friends around the Globe!

Following the very successful HAE Global Conferences in Copenhagen, Denmark (2012), Washington D.C., USA (2014), and Madrid, Spain (2016), HAEi is delighted to announce that the fourth HAE Global Conference will be held in Vienna, Austria in May 2018.

Once again, we welcome HAE patients, caregivers, healthcare professionals, and industry representatives to the largest international gathering of its kind solely with a focus on HAE.

We hope to see you in Vienna in May 2018. Please make sure that you sign up for our conference updates below. #haeGC18

Warm regards,



For more information about the Global Conference [CLICK HERE!](#)



Scholarship Applications for FALL 2018 are now OPEN!

Attention students! You can now fill out your application for the 2018 US HAEA Scholarship Program! The US HAEA is dedicated to helping our patient community achieve their lifelong educational goals and aspirations. The HAEA Scholarship Program is available to US citizens with a confirmed HAE diagnosis. This Program will provide financial support for HAE patients seeking to improve their lives through academic achievement! The application DEADLINE is March 23, 2018.

To learn more about the **SCHOLARSHIP PROGRAM** [CLICK HERE!](#)



HAEA Interest Survey

In case you missed it, we prepared an HAEA Interest Survey to make sure that we are in tune with what you want and need as a community! This survey is still open. Your responses will help us personalize services for you and your family. If you have't done so yet, please fill out this important survey today!

FILL OUT the SURVEY HERE!

UPCOMING

EVENTS



YOUTH WEBINAR

January 18, 2018

Topic: StandUpStrong4HAE - Youth Edition. This webinar will explain HAE in easy to understand terms for young people, while comparing the old school vs. new school ways of thinking about HAE.

Guest Speaker: Dr. Johnston

Date: Thursday, January 18, 2018

Time: 7:30PM EST, 4:30 PM PST

Join from PC, Mac, Linux, iOS or Android: <https://haea.zoom.us/j/689442657>

From smart phone one-tap: US: [+16465588656](tel:+16465588656), 689442657# Or Telephone:

Dial US: [+1 669 900 6833](tel:+16699006833) or [+1 646 558 8656](tel:+16465588656) Meeting ID: 689 442 657

ADD the WEBINAR to your CALENDAR here!

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